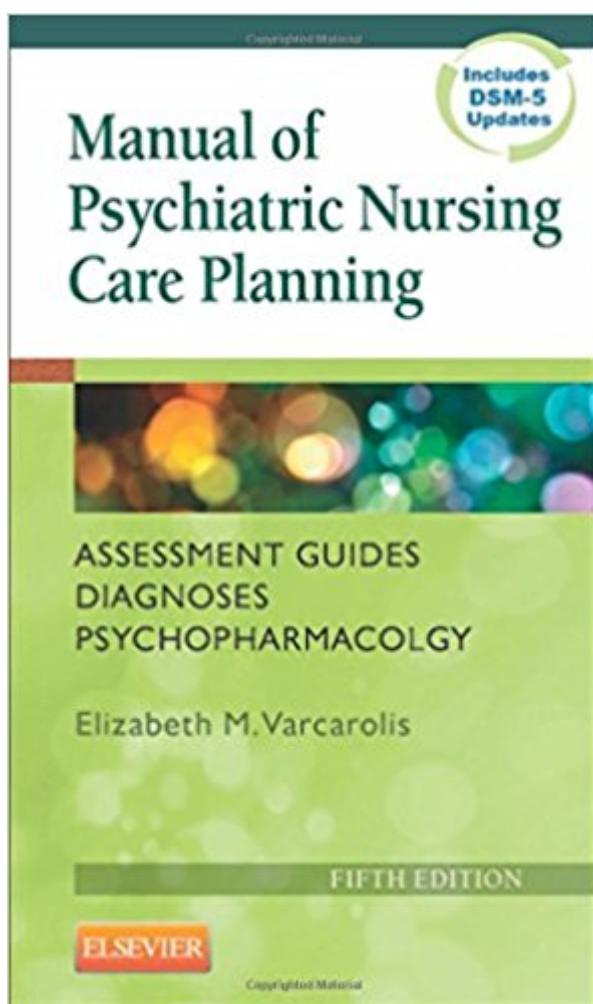


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# **Manual Of Psychiatric Nursing Care Planning: Assessment Guides, Diagnoses, Psychopharmacology, 5e (Varcarolis, Manual Of Psychiatric Nursing Care Plans)**





## **Synopsis**

A pocket-sized clinical companion, *Manual of Psychiatric Nursing Care Planning*, 5th Edition supplies you with the latest diagnostic information available, including the DSM-5, for accurate assessment and diagnosis of patients. It offers quick and easy access to plans of care for a range of settings including the inpatient unit, home care, or community mental health setting. Expert author Elizabeth Varcarolis, provides a clinically-based focus with the latest guidelines to psychiatric nursing care. Designed to accompany *Foundations of Mental Health Nursing*, this book is a perfect reference for creating care plans and for clinical use. The latest diagnoses, assessment and treatment strategies, and psychotropic drug information keep you up-to-date with the most current information. Care plans containing nursing diagnosis, etiology, assessment findings/diagnostic cues, outcome criteria, long- and short-term goals, and interventions and rationales offer plans of care for a wide range of psychiatric nursing diagnoses. A focus on clinical information furnishes you with information on providing patient care in a range of settings. Assessment Guides, including tables, charts, and questionnaires facilitate patient diagnosis and care. A chapter on Major Psychotropic Interventions and Patient and Family Teaching, in addition to the content found in each disorder chapter, helps you better understand the uses and workings of the psychotropic agents. Coverage of major disorders exposes you to a wide range of disorders within psychiatric nursing. NEW! The most recent information in the field, including the DSM-5, supplies you with the latest diagnostic information available for accurate assessment and diagnosis of patients. NEW! 2007 ANA *Psychiatric Mental-Health Nursing Scope and Standards of Practice* familiarize you with the current guidelines for the practice of psychiatric nursing. NEW! Updated 2012-2014 NANDA-I Nursing Diagnoses present information on the latest nursing diagnoses related to psychiatric nursing. NEW! Updated medications equip you with the latest information on medications used with psychiatric patients.

## **Book Information**

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## Customer Reviews

There have been changes in both the DSM and the NANDA uses for nurses in behavioral health care. I have been in nursing since 1972 and it is always great to have such a reference that is easy to follow AND an excellent source for even experienced nurses to update and refresh how the profession currently applies evidence based practices. I highly recommend this book to anyone who desires to be their best in the present day application of the nursing process for behavioral health care settings, not just for students or inpatient areas only.

This excellent book demystified the process of writing psychiatric nursing care plans. Each chapter covers different disorders by category, has extensive rationales for each nursing diagnoses and tip boxes for therapeutic conversations and assessment guides. These last two features I found especially helpful when anticipating a difficult or resistant patient. This manual is designed to go with the textbook also by Elizabeth Varcarolis - 'Foundations of Psychiatric Mental Health Nursing' both published by Elsevier, there is also an online component if you need the additional help with study. I found the textbook and this volume to be sufficient and was able to do very well in this difficult rotation in large part because of the extra insights I gained from this book. This book is extensively cross-referenced throughout - it has sections on various therapies utilized for specific disorders, the DSM-IV-TR criteria for various disorders, drugs used and their effects, resources for the nurse, patient and family, copious internet and journal resource material related to the disorder being investigated, and guidelines for limit/goal setting with the patient.

The Kindle format reads like a novel... only problem this is a textbook not a novel! There is no fast access to the index with a quick alphabetical list to jump to a specific letter. If you use the table of contents to jump to a chapter you still jump to only first page of the chapter and then need to flip and flip pages. You can do a simple search but that takes time and you get results for all entries of the searched word within the book. In my opinion the Kindle app is not adapted to textbook use. I really wanted to like this Kindle version because I can access my books from both my iPad and Android

phone. Hopefully will eventually come out with a Kindle sidekick: the "Kindle for textbooks". For now I'll go back to paper copies. This purchase was a perfect waste of money.

This really helped me with my Altered Mental Health clinical. It's small and conveniently fits into my purse, I whipped it out during my free time to look up interventions and there's a section about therapeutic communication, which was nice. Also, in the back there an assessment checklist- yes! I know, super convenient. If you don't like this price look for an earlier edition, it should still have the same content. Good luck!

The tables didn't transfer well into the electronic version of this book. All of the interventions and rationales were out of sync, and even though they are numbered, it's just a hassle and time consuming - when there is no extra time during nursing school. Also, some of the tables didn't format correctly, and the words were cut off at the edge of the page. I was kind of forced to buy this, since my college bookstore recently changed hands and they didn't have any of the materials we needed in stock for the start of class.

I was looking for psychiatric care plans that address behaviors associated with psych diagnoses...this book focuses on the same old diagnoses that address physical sickness. I know how to careplan for CHF and Fall Risk ect.

For testing purposes buy this and leave the textbook out of the equation. This is basically all you need; it explains each disease + disorder, how to assess your patient, interventions to use as a nurse, diagnosis and evaluations. It may be small but very mighty in terms of what you need as a nursing student.

A must have if psychiatric nursing is your calling. Chalk full of NANDA approved nursing diagnoses information that is easily categorized this book is a nifty tool to help new nursing students as well as RNs prepare accurate care plans.

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